



AIC FENCING- After School Program

AIC Fencing Club is a 501(c)(3) not-for-profit organization dedicated to the pursuit of excellence through the Olympic sport of fencing.

Teach, Connect, Inspire, Motivate

Our Program of the Fencing is to introduce this Olympic sport to promote intellectual development, self-discipline and confidence. Our top quality professional fencing coaches will work with your child on the fencing basic movements, fencing footwork, agility, speed and conditioning. Our goal is to get our children into great shape physically in a fun, safe, structured and friendly environment.



Program 1: In school Fencing Classes

Who: Grade 1-8

When: Monday 4-5pm (total 10 classes)

Where: Nysmith School Gym

Cost: \$22 per session

Fall/Winter Session (\$198) 10/7, no class 10/14, 10/21, 10/28, 11/4, no class 11/11, 11/18, 11/25, 12/2, 12/9, 12/16

Winter Spring Session (\$242) 2/3, 2/10, no class 2/17, 2/24, 3/2, 3/9, 3/16, 3/23, 3/30, no class 4/6 or 4/13, 4/20, 4/27, 5/4

Program 2: AIC Club Classes

Where: AIC Fencing Club at 13525 Dulles Technology Dr

When: 3:30 - 6PM (Starting 9/9/2019)

Monthly without pickup

5 day \$395.00

4 day \$360.00

3 day \$298.00

2 day \$200.00

1 day \$125.00

25% off the second child, 50% off of the third child

Pickup from school \$8 per day. We cannot guarantee the pickup from your school until we reach the minimum number.

Please register: <https://www.aicfencing.org/afterschool>



Coach Saeid

Dr. Abdollah Serajian was a player of national fencing team of Iran and had many achievements in national and international competitions.

Just as a part of his achievements, he won silver individual medal in 2008 Asian championships (Seoul, south Korea) and bronze medal in class-A junior worldcup. In 2013, he started as a coach in national teams of Iran. He was also a coach and manager of talent identification committee of fencing federation of Iran and fencing coach of Germany embassy school in Tehran. He passed his international coaching course presented by FIE in 2017 (Budapest, Hungary). In education, he has a bachelor of physical education and sport sciences and master of science and PhD in exercise physiology in one of the top universities.



Coach Liang

Coach Liang is national and international experienced foilist, coach, and referee. She is a two-time Olympian.

Ms. Liang-Smith was part of China's national women's foil team. is also a five-time Chinese National Champion, won two gold medals at the Asian Games, and won a bronze medal at the World Cup in Marseilles, France. Ms. Liang-Smith was a coaching assistant at Penn State University, contributing in guiding the Men's and Women's Fencing teams to four NCAA Championships and proved her competitiveness by leading the Olde Town Fencing Club's Women's Foil Team bringing home the gold medal in the Summer National Championships 2004.